Grace Over a Thanksgiving Meal

from Interfaith Worker Justice, http://www.iwj.org/

O God of seed and harvest, we pause to give thanks for the table set before us and the food that graces it.

[The people gathered take turns naming the various foods on the table being blessed, by saying, “thank you for the ____” until all the foods have been named.]

In a moment we will eat this food, harvested from many parts of the nation and world. It will be transformed into the flesh and blood of our bodies. Keep us mindful of the many workers who labor in field and factory to bring us this food.

From the bounty and nourishment of the meal, we dedicate ourselves to work to abolish poverty, unsafe working conditions, workplace abuse, and unjust wages among those who feed us through their labor.

We pray this in the name of the Creator God, who not only fed the Israelites in the desert but transformed simple folk like us into disciples for justice and peace. Amen.