Did You Eat Today? Thank a Farm Worker!

Farm Worker Friendly Shopping Guide

www.nfwm

Labor Donated / Revised May 2018

When you are shopping, please help farm workers by looking for agricultural products produced under farm worker union contracts or agreements.

For further information & product updates please contact: National Farm Worker Ministry
P.O. Box 10645, Raleigh, NC 27605
919-807-8707 nfwm@nfwm.org

Please BOYCOTT: Wendy’s (CIW)

Reynolds American Inc VUSE E-cigarette (FLOC)

THANK YOU for SUPPORTING DIGNITY, A VOICE IN THE WORKPLACE & BETTER CONDITIONS FOR THE PEOPLE WHOSE LABOR FEEDS US!
Please PURCHASE the following:
United Farm Workers (UFW)

Wine/Champagne
Chateau St Michelle, Columbia Crest, St. Supery, Balleto, Dollarhide Ranch, Scheid Vineyards, Charles Krug, C.K. Mondavi, Gallo of Sonoma, Papagni Fruit Company

Strawberries - Swanton Berry, Dole*
Roses - Star Roses
Almonds - Montpelier
Dates - Patos Dream Date Gardens
Mushrooms - Monterey Mushrooms, Del Fresh
Beets, Cilantro, Parsley, Kale, Leeks, Radishes - Muranaka Farms

UFW Continued:
Broccoli, Cauliflower, Lettuce - Amaral Ranches
Broccoli, Broccoli Rabe, Butter Lettuce, Cauliflower, Fennel, Green Leaf Lettuce, Iceberg, Mixed Green, Romaine Hearts, Romaine - Andy Boy*
Tomatoes - Sunripe*, Gargiulo*
Citrus - Big Jim*, Sunkist*, Airdrome*
*Not all products harvested by workers under UFW contract.

Farm Labor Organizing Committee (FLOC)
Pickles: Mt. Olive, Vlasic,*, Charles Jones Produce*

Familias Unidas por la Justicia (FUJ)
Sakuma Bros. Farm Berries

Equitable Food Initiative Certification
Look for EFI label on fresh fruits and vegetables at participating Costco Wholesale and Whole Foods Market locations.

Coalition of Immokalee Workers’ Fair Food Program
Look for tomatoes with the Fair Food label at Whole Foods, Giant, Stop & Shop & other retailers.

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